
Registrant health and wellbeing research – University of Surrey Schwartz round film

Introduction

Last year we commissioned the University of Surrey to produce a film evidencing the process and benefits of Schwartz rounds.

The [Point of Care Foundation](#) describe Schwartz rounds as:

‘Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare.

The purpose of Rounds is to understand the challenges and rewards that are intrinsic to providing care, not to solve problems or to focus on the clinical aspects of patient care.

Rounds can help staff feel more supported in their jobs, allowing them the time and space to reflect on their roles. Evidence shows that staff who attend Rounds feel less stressed and isolated, with increased insight and appreciation for each other’s roles. They also help to reduce hierarchies between staff and to focus attention on relational aspects of care.

The underlying premise for Rounds is that the compassion shown by staff can make all the difference to a patient’s experience of care, but that in order to provide compassionate care staff must, in turn, feel supported in their work.’

We intend to use this film, along with other resources to show registrants what supportive techniques are available to support wellbeing in stressful work environments. We have commenced discussions with contacts at NHS Education for Scotland who have developed their own resources for use in this way.

The film will also be considered, alongside the FTP interview findings, in developing a health and wellbeing strategy for Council’s consideration at its meeting in July.

Council is invited to watch the film in advance of the meeting on 21st May 2020, please find a link below:

<https://web.microsoftstream.com/video/d74076b5-4b8a-40bf-87e5-3c832f193a70>

Please get in touch with Katherine Timms if you have any difficulty viewing this; contact details below.

Previous consideration	n/a – this was due to be considered at Council’s workshop in March, which was postponed in light of COVID-19
Decision	Council is invited to discuss the Schwartz rounds film and approve for publication
Next steps	Develop Health and Wellbeing Strategy, and present to Council in July.
Strategic priority	<p>Strategic priority 2: Ensure our communication and engagement activities are proactive, effective and informed by the views and expectations of our stakeholders.</p> <p>Strategic priority 3: Ensure the organisation is fit for the future and is agile in anticipating and adapting to changes in the external environment.</p> <p>Strategic priority 4: Make better use of data, intelligence and research evidence to drive improvement and engagement.</p>
Risk	No risks identified by these changes
Financial and resource implications	No financial or resource implications
Author	Katherine Timms Head of Policy and Standards Katherine.timms@hcpc-uk.org